

**PHYSICAL EDUCATION**

The Board of Education shall attempt to provide every student with an opportunity for wholesome and enriched educational experiences. It is the Board's belief that the following basic aims and objectives of the physical education program shall contribute to this goal: ·

1. to aid the development of the entire student so that a well-trained mind may function properly in a healthy body; to
2. encourage student participation in vigorous physical activity while in school and to teach the skills of those activities so that they will have a carry-over value for later activities in everyday life; to
3. increase appreciation of physical fitness and, its importance in regard to good health; and to
4. impress upon students the importance of integrating one's mind, body, and attitude in preparing to face the obligations of a complex society.

Students who are temporarily or permanently unable to participate in the regular physical education program will be provided with adapted activities. Temporary or short-term adaptations shall be made by the physical education teacher in consultation with appropriate medical personnel. Permanent or long-term program adaptations shall be based upon recommendations from the family physician.

Students with disabilities, as classified by the Committee on Special Education (CSE), who are unable to safely or successfully participate in the activities of the regular physical education program will be provided with adaptive physical education. The written individualized education program (IEP) for each such student shall include a prescriptive physical education program. The physical education teacher shall be involved in the development of the IEP.

Note: Prior policy, Policy Manual (Physical Education, !GAF), revised  
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